

Community Supported Agriculture

CSA BY SEASON...

Be a Year-Round Eater or Customize Your Subscription!

YEAR-ROUND SHARE: All Months except April \$950 (~\$20/wk)

48 weeks: 35 deliveries

Spring, Summer, Fall, and Winter Share

Year-Round Share

- •Includes all listed items for each CSA season, 1 dozen of eggs with every box, and summer herb share
 - •\$80 discount for year-round share over buying items individually

SPRING: May \$80 (~\$20/wk)

4 weeks

Half Share (weekly 5/9 bushel box)

Spring Share estimate

- Salad greens
- Spinach
- Asparagus
- Watercress

Eggs

- Green Onions
- Radishes
- Herbs
- Bok Choy

SUMMER: June-mid October \$350 (~\$17.50/wk);

Choice: Half Share (weekly 5/9 bushel box) or Full Share (11/9 bushel box) Every Other Week)

Full Share \$580 (\$14.50/wk) 1 1/9 bushel box every week

20 weeks...only season that **does not** include eggs in this price

Early Summer Share estimate

- •Salad greens
- Spinach
- Beets
- Green Onions
- Radishes or Turnips
- Garlic Scapes

- •Sugar Snap Peas
- •Chinese Cabbage or Broccoli

Summer Share estimate

- Cooking greens
- Sweet Corn
- •Green Beans •Summer Squash/Zucchini
- Carrots
- Cucumbers

- •Sweet Peppers
- Cabbage
- Tomatoes
- Onions
- Garlic
- Melon
- Potatoes

Fall: mid October-Dec \$200 (~\$20/wk, \$40/box)

10 weeks; 5 deliveries

Full Share (1 1/9 bushel box Every Other Week)

Fall Share estimate

- •Salad, Spinach, or Arugula
- Kale or Collards
- Potatoes
- Carrots

- ●Turnips or Beets ●Rutabaga
- Rutabaga •Onions
- Garlic
- Eggs

•Broccoli, Brussels, or Cabbage

Winter: Jan-March \$280 (~\$24/wk, \$48/box))

12 weeks: 6 deliveries

Full Share (1 1/9 bushel box Every Other Week)

Winter Share estimate

- Spinach or Cooking Greens as available
- Potatoes
- Carrots
- •Beets or Turnips
- Eggs

- •2 Quarts Homemade Soup
- •1 Quart Soup Stock
- •1/2 pint Jam
- •2 Quarts of Preserved Vegetables: sweet corn, tomato sauce, pickles, vegetable medley, green beans, sweet peppers
- •1 Quart of Frozen Fruit: raspberries, apples, strawberries, blueberries, rhubarb, pumpkin puree, grated zucchini
- •Occasional specialty items: homemade egg noodles, dried items, etc

Sample Box Contents... use these as *estimates only*. Depending on the growing season, weather, pest pressures, and other factors, there may be fluctuations in the actual contents of each CSA box.

Additional Items: Whole Chickens, Lamb Cuts, Pasture Raised Beef, Jam, Wood-Fired Pizza, Yard Rental



S2257 Yaeger Dugway, Cochrane, WI 54622 Heather Secrist @ 608-626-2122 SuncrestGardensFarm.com